Therapeutic Responses to Families in Crisis: Training DVD 2

We are in the process of developing a second DVD.
This is intended to be an additional training resource mainly for use by systemic trainers & supervisors.
Using brief video clips, together with reflective questions, we will cover themes as shown in the five sections below.

Section ➊ Practice in the room - The family therapy team approach and systemic questions.

Aim: (1) to consider how potential clients may be ‘warmed’ to the team approach and how use of the one-way screen may be explained in a positive way. (2) to look at and discuss some of the therapeutic questions seen in the film.
Chapter 1: Family Therapy Descriptions
Chapter 2: Systemic Questions (family therapy sessions and individual sessions)

Section ➋ Practice from the team - Reflecting teams and reflecting team variations.

Aim: to consider the role of reflections and consider two reflecting team variations that may offer more dramatic and action-oriented reflections.
Chapter 3: Reflecting Conversations
Chapter 4: Reflecting Puppet Shows
Chapter 5: Reflecting Role Plays

Section ➌ The relationship between the therapy and observing rooms.

Aim: to consider the interaction between the observing and therapy rooms and reflect on aspects of this relationship.
Chapter 6: Reflecting team positioning
Chapter 7: Conversations behind the mirror
Chapter 8: Team interventions from behind the mirror

Section ➍ Pre and post session discussions.

Aim: to consider how we prepare to meet families and how we make sense of the session following departure of the family.
Chapter 9: Pre-session planning
Chapter 10: Post-session de-briefing

Section ➎ Other ideas.

Aim: to hear ‘outside views’ of the process from the film company and families that took part in the film - to consider what we may learn from these comments.
Chapter 11: Comments about family therapy and the filming process (from the film company and families).
Chapter 12: Ten suggested questions after viewing the film as a whole.

To give you a feel of this resource, we have reproduced chapter 12 for you to see now.

Chapter 12: Ten suggested questions after viewing the film as a whole.

Pete Brown is very interested to hear any views about the idea of this second DVD, including any useful training exercises and if you think this resource could work better on a USB stick or online.

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