

## Eligibility criteria for BCHS Long Term Conditions services

### **Community Health Rehabilitation (Physiotherapy & Occupational Therapy)**

Referral form – attached - all referrals must be on this (except patient self-referral) – accept referrals from GPs, Health Care Professionals, District Nurses, Social services  
Fax: 020 8319 7106

#### Commissioned eligibility criteria:

- over 18 years of age
- registered with a Bexley GP
- live within reasonable travelling time of the boundaries of the London Borough of Bexley
- cannot attend an outpatient physiotherapy appointment due to pre-existing condition of current problem
- either have a long term condition/recent episode of illness and have rehabilitation potential
- or have fallen and require assessment and programme of intervention at home

### **Podiatry**

Referral form attached - all referrals must be on this (except patient self-referral) – accept referrals from GPs and all Health Care Professionals  
Fax: 01322 359542

#### Commissioned eligibility criteria:

- over 18 years of age
- registered with a Bexley GP
- live within reasonable travelling time of the boundaries of the London Borough of Bexley
- have a medical condition that is currently affecting their feet and may potentially lead to foot ulceration (ie have past or present foot ulceration, neuropathy, peripheral vascular disease, retinopathy or nephropathy)
- Podiatry will also surgically remove painful ingrowing toenails under local anaesthetic, but only if the person can attend clinic.

### **Adult Speech & Language Therapy**

No standard referral form – accept written letter or fax from GP or ENT clinic  
Fax: 020 8319 7117

#### Commissioned eligibility criteria:

- over 18 years of age
- registered with a Bexley GP
- have acquired (neurological) communication or swallowing difficulties
- have a functional voice disorder
- live within reasonable travelling time of the boundaries of the London Borough of Bexley

## **Diabetes**

Referral form – attached – mainly used by District Nurses and hospitals – GPs tend to refer via DART (electronic central booking)

Fax: 01322 357965

### Commissioned eligibility criteria:

- over 18 years of age
- resident in the London Borough of Bexley
- On maximum oral therapy and HbA1c > 7.4%
- Or Serum Creatinine > 180 and needing to stop Metformin (other oral anti diabetic medication unsuitable/ tried)
- Or Oral anti diabetic medication contraindicated or causing side effects.
- Or on insulin and failing to reach maximum targets and NOT under the care of the hospital

## **Neurological Specialist Nursing (MS, PD)**

Referral form – no specific referral form – accept letters, fax, email, verbal referral from consultants, GP HCP etc

Fax: 01322 357963

### Commissioned eligibility criteria:

- over 18 years of age
- registered with a Bexley GP
- live within reasonable travelling time of the boundaries of the London Borough of Bexley
- have seen a neurologist and had a definite diagnosis of Multiple Sclerosis or Parkinson's Disease (although MS now accept a Clinically Isolated Symptom from a neurologist)

**HIV - Bexley and Greenwich**

Referral form – attached - all referrals must be on this - accept referrals from GPs and all Health Care Professionals  
Fax: 01322 357963

Commissioned eligibility criteria:

- over 18 years of age
- registered with a Bexley GP
- resident in the London Borough of Bexley
- diagnosed with HIV or AIDS