



Bexley Adult Community Carers Event

Are you a carer in Bexley?

Improving lives

oxleas.nhs.uk

**Looking for help, advice
and guidance? Want to
know what help is available
in your local area?**

If you care for someone over 18, come along to our carers' event to chat with people from Oxleas and other organisations.

**It's free and we're here
to help you.**

Tuesday 19 July 2016 from 2-4pm

Oxleas:

Diabetes
District nursing
Physiotherapy
Cardiac team
**Occupational
 Therapy**

Our partners:

Bexley MIND
 Bexley Complaints Advocacy
 Irish Community Services
 SEEC
 Bexley Men in Sheds
 MS Society
 Bexley Moorings
 Re-Instate
 SSAFA
 Bexley & Greenwich Hospice
 Bexley Social Services

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Danson Youth Centre, Brampton Road, Bexleyheath, Kent DA7 4EZ

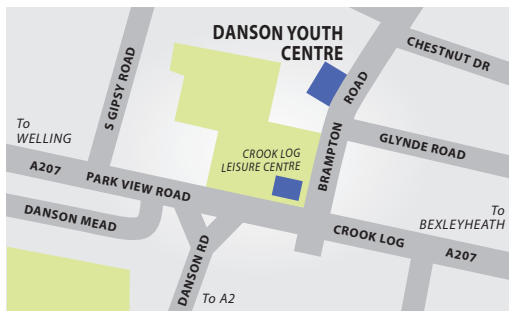
Who is this event for: Anyone who cares for a person aged 18 and over in the borough of Bexley.

No need to book, just come along.

You can also have a say on the future of how we shape the services that are available.

Your feedback will be invaluable.

How to find us:



By car:

There is plenty of parking space next to the venue

By bus: 89, 96, 486, B12, B16

By train: Bexleyheath station is 0.4 miles away.