

The person must have a **significant learning disability** and be 18 or over. Referrals should be addressed to the Bromley Mental Health in Learning Disability Team and will be treated in line with the Trust's policy on confidentiality. Referrals can also be emailed to oxl-tr.bromleyaldreferrals@nhs.net

How to find us

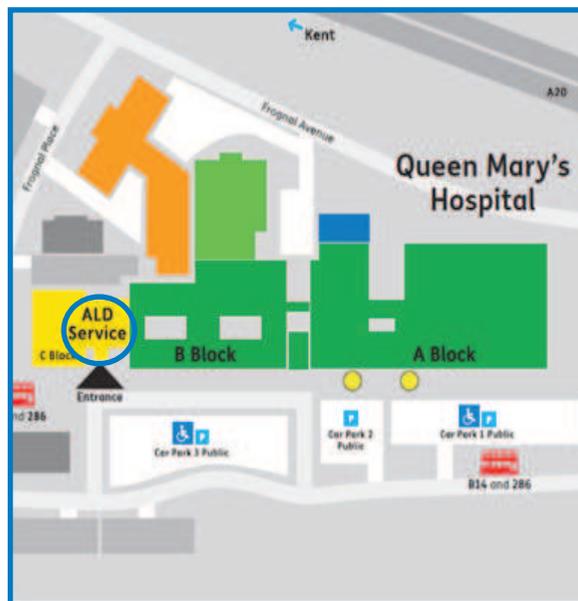
Bromley in Mental Health Learning Disability Team Adult Learning Disability (ALD) Service Community Services

Queen Mary's Hospital
Froggnal Avenue
Sidcup

Kent DA14 6LT

Learning Disability Reception Tel: **0203 871 5680**

Fax: **0208 309 5755**



Bus routes: 160, 229, 269, 286, B14 and R11

Trains: Sidcup station is the nearest station.

Parking: Pay and display and disabled parking available.

January 2019

The Bromley Mental Health in Learning Disability Team

Information for Families, carers and GP's



Who are we?

The Bromley Mental Health in Learning Disability Team (MHinLD Team) is part of the Community Learning Disability Team (CLDT) based at Queen Mary's Hospital. We assess and treat adults with significant learning disabilities who have psychiatric disorders and/or challenging behaviour.

The service is run by:

- One Consultant Psychiatrist
- One Trainee Doctor
- Three Mental Health in Learning Disability Nurse Specialists

What do we do?

We assess and manage comorbid neurodevelopmental disorders (eg. autism, ADHD), psychiatric disorders, challenging behaviour or dementia in adults with significant learning disabilities by:

- history-taking and physical/mental state examinations
- arranging investigations eg. blood tests, ECGs, neuroimaging, genetics
- prescribing and monitoring psychotropic medication
- providing annual dementia screening for at risk groups
- assessing risks and producing management plans
- liaising with other professionals – particularly psychology, Intensive Behaviour Intervention Service and Local Authority Care Management
- running mental health promotion groups
- providing easy read information for patients

How do we do this?

We provide outpatient clinics where patients will come to be seen by the consultant/doctor/nurse. Occasionally the consultant/doctor will carry out home visits. The MHinLD nurses will also see patients at home, at work or at the day centre.

Patients are reviewed within the framework of the Care Programme Approach (CPA). Patients, their carers and professionals work collaboratively to develop care plans to optimise mental health and support patients in achieving their goals. The emphasis is on early intervention and avoiding admissions to psychiatric units where possible.

In very rare instances, patients who require admission to a psychiatric unit will be admitted to local Adult Mental Health Inpatient Units, and occasionally they will be transferred to more specialist units.

A member of the team is always available to advise GPs, 9am-5pm, Monday to Friday (excluding public holidays). Outside of working hours, an on-call consultant is available, via the SLAM switchboard (020 3228 6000). Whilst we are not an emergency service, we will respond to all urgent situations.

How to make a referral

Most referrals come via the person's GP, so that details of the person's past and present medical history and current medication can be provided. Referrals are also accepted from the person's Paediatrician or other Mental Health Services.