



Local child and adolescent mental health services

Information for GPs and primary care staff

On 1 July 2009, Oxleas NHS Foundation Trust hosted a masterclass on child and adolescent mental health issues. To an audience of GPs from Bexley, Bromley and Greenwich, Clinical Director Joanna Sales introduced Oxleas' services and summarised how child and adolescent mental health services are organised in the three boroughs. Her presentation was followed by an informative talk by family therapist Pete Brown on the value of parenting classes and by Liz Day who described a new approach, pioneered at Oxleas, for dealing with adolescents presenting with challenging behaviour.

Feedback from GPs highlighted that they felt this information should be shared more widely. The following summary is therefore being distributed to all GP practices. For copies of the presentations and details of future masterclasses, see our website www.oxleas.nhs.uk

Local organisation of child and adolescent mental health services

Services are organised in four tiers and are provided by a wide network of organisations.

Tier 1 - Universal and targeted services working with children should be able to provide interventions for children with mild-moderate mental health problems, identify and refer on those with moderate to significant problems.

Examples of local providers - GPs, school and practice nurses, health visitors, paediatrics, teachers, learning mentors, behaviour support service, school counsellors, education psychology, social workers, family centre workers, voluntary sector workers

Tier 2 - Specialist child and adolescent mental health services provided for children with moderate to significant problems

Examples of local providers - Oxleas CAMHS (Bexley and Greenwich) Bromley Community Provider Unit CAMHS (Bromley), educ. psychology, family centres

Tier 3 - Specialist child and adolescent mental health services provided for children with significant and enduring problems

Examples of local providers - Oxleas CAMHS (Bexley, Greenwich and Bromley)

Tier 4 - Specialist inpatient and outpatient child and adolescent mental health services for seriously disturbed young people with complex needs.

Examples of local providers - South London and Maudsley inpatient and outpatient services, Guys and St Thomas' Hospitals, independent sector

In Bexley, Oxleas is commissioned to provide...

Mental health assessment and treatment to children and young people from birth to 18 years who have moderate to significant and enduring emotional, psychological and mental health difficulties.

Specialist mental health support, consultation, training and advice to support professionals to identify and/or meet the mental health needs of young people.

To make a referral, contact Bexley Child and Adolescent Mental Health Service, Highpoint House, Memorial Hospital, Shooters Hill, London SE18 3RZ Tel: 020 3260 5200 Fax: 020 8836 6436

In Bromley, Oxleas is commissioned to provide...

Specialist services for children and adolescents with significant and enduring mental health problems (Tier 3), looked-after children services and services for children with Attention Deficit Hyperactivity Disorder.

To make a referral, contact Bromley Child and Adolescent Mental Health Service, Ground Floor, 2 Newman Road, Bromley, Kent BR1 1RJ Tel: 020 8315 4430 Fax: 020 8466 5645

In Greenwich, Oxleas is commissioned to provide...

Mental health assessment and treatment to children and young people from birth to 18 years who have moderate to significant and enduring emotional, psychological and mental health difficulties.

Specialist mental health support, consultation, training and advice to support professionals to identify and/or meet the mental health needs of young people, and Sure Start support.

Looked after children services, specialist adolescent services, targeted mental health services for schools and multi-systemic therapy.

To make a referral, contact Greenwich Child and Adolescent Mental Health Service, Highpoint House, Memorial Hospital, Shooters Hill, London SE18 3RG Tel: 020 3260 5200 Fax: 020 3260 5274

Responding to referrals

We aim to provide a response within 24 hours to emergency referrals. Those requiring an urgent response are dealt with between 1 and 6 weeks while routine responses are made within 13 weeks. We welcome contact from GPs to discuss a referral. Clinicians can be contacted by telephoning 0203 260 5200 in Greenwich and Bexley, and 0208 315 4430 in Bromley.

For information on children's centres and support groups in your area, contact your local family information service

Tel:	Bexley 0208 856 5398	Bromley 020 8464 0276	Greenwich 020 8921 6921
Email:	doff.lane@bexley.gov.uk	bromleyfamilies@bromley.gov.uk	fis@greenwich.gov.uk
Web:	www.bexley.gov.uk/children	www.bromleyfamilies.info	www.greenwich.gov.uk

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