Your opinion matters
If you have any suggestions of how the care you receive or the service provided could be improved, your therapist would be happy to discuss it with you.
Oxleas NHS Foundation Trust is committed to providing the highest standards of care, so we welcome your views on the services we provide. If you would like to comment, make a suggestion or make a complaint, please speak to the person you normally see or ask to speak to the team manager.
You may also like to speak to our Patient Advice and Liaison Service (PALS) by ringing the freephone number on 0800 917 7159.

If you are unable to resolve your concerns or would like to take the matter further, please write to:
Head of Complaints
Oxleas NHS Foundation Trust, Pinewood House, Pinewood Place, Dartford, Kent DA2 7WG
Tel: 01322 625751

Where to find us

Community Health Rehabilitation Team
Bostall House, Goldie Leigh, Lodge Hill, SE2 0AY
Tel: 020 8319 7070 Fax: 020 8319 7106
What is the Community Health Rehabilitation Team?

The Community Health Rehabilitation Team works in partnership with other health and social care services to support the health and wellbeing of people living with a long term condition in the borough of Bexley. The team will visit you in your home to try to prevent you needing to visit the hospital.

The team is made up of:

- Physiotherapists
- Occupational therapists
- Therapy assistants

The Community Health and Rehabilitation Team is run by Bexley Community Health Services which is part of the Oxleas NHS Foundation Trust.

How can the team help me?

The team will assess your needs fully and will then provide a plan of treatment to support your physical recovery during or after a period of ill health.

The team also manages the therapy of long term conditions.

The aim of the care plan is to work with you to set mutually agreed and realistic goals so you will be able to achieve your maximum level of independence and improvement in your health and wellbeing.

You may find it useful to write down any questions you wish to discuss and keep them handy for the meeting.

The length of the treatment plan will depend on your particular condition and needs.

What services does the team provide?

- Rehabilitation following a hospital stay or surgery or if you have been ill
- Specialist assessment and support after a fall
- Rehabilitation and ongoing help and support for neurological conditions, such as stroke, Multiple Sclerosis, Parkinson’s disease and Motor Neurone disease
- A needs assessment and provision of the appropriate equipment to help you gain more independence if you have a long term condition
- Education and advice about your condition

How can I get referred?

You can be referred to the Community Health Rehabilitation Team by your GP or any other healthcare professional.

You must be over the age of 18 and under the care of a GP in the borough of Bexley.

Confidentiality

All our staff are required to abide by a strict code of conduct on confidentiality. We will only share information with those who need to know in order to provide good quality care. Occasionally there may be exceptions to this, for example to support a clinical audit or to monitor the quality of care provided.

We will usually discuss this with you beforehand.