



Parenting Forum Newsletter

Web: oxleas.nhs.uk/gppf

The 14th parenting forum took place on 14 July 2015 at the Memorial Hospital.

Part 1 of the meeting contained three informative presentations.

Part 2 was an opportunity for networking and updates about parenting support and classes running in the Royal Borough.

Newsletter

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What is the GPPF?

Greenwich Parenting Practitioners Forum

is a termly meeting to hear about parenting support and parenting classes running in the Royal borough from both voluntary and statutory agencies.

It is open to all workers / professionals in Greenwich who support families.

After each forum a newsletter is sent summarising presentations.

NEXT PARENT FORUM:

Tues 1 Dec 2015

2 – 4pm

at Memorial Hospital.

Presentations will include:

- ◆ PARENT GYM
- ◆ MUM'S AID
- ◆ [to be announced]

Find all GPPF newsletters on the web at oxleas.nhs.uk/gppf



1 Greenwich Welcare

Barbara and Paul talked about changes to Greenwich Welcare.

The service continues to offer a borough wide service for families with children up to the age of 13. Current services include a ten week 'Strengthening Families, Strengthening Communities' Parenting Programme, and a twenty week version for parents with a learning disability. Welcare are currently anticipating running a programme for children who have witnessed domestic abuse called 'My Space'.

For enquiries about current services and to obtain a referral form please contact Barbara Wilson, Centre Manager.

Email: Barbara.wilson@welcare.org

Tel: 0208 854 3865. Web: welcare.org



2 Video Interaction Guidance (VIG).

Stephanie presented details of the Video Interaction Guidance approach offered by the Educational Psychology Early Years Team. Illustrated with video clips, Stephanie explained how this approach is utilised to improve parent - child interactions. The parent is guided to reflect on video clips of their own successful interactions with their child. It is strengths based approach that builds on what the parent does well rather than focusing on deficits. For more details and for possible referrals contact:

Stephanie.Satariano@royalgreenwich.gov.uk

Web: videointeractionguidance.net



3 Greenwich Family Action

Lynn gave an update on the expanded Family Action services.

Perinatal / 1001 days service: For those with low to moderate level mental health issues or identified as at risk of developing perinatal mental illness, the focus will be on parental well-being, developing a positive relationship with baby and reducing social isolation.

Talking Point Plus: is an emotional health and well-being service for 5 – 19 year olds (older with additional difficulties) and their families. Counselling and Therapeutic Support can include family work, individual work with children or young people, or individual work with parents.

Young Carers Project: this includes support for the young carer to find out about their caring role and impact on them and the family. Support includes: advocacy in meetings, activity days, after school groups, family days out and an annual activity holiday.

For further information and possible referrals contact project manager Lynn Pellatt. Email: Lynn.Pellatt@family-action.org.uk
Tel: 020 8853 9065. Web: family-sction.co.uk