



**MEDICINES AND
MANAGEMENT OF MENTAL
HEALTH PROBLEMS -
what would you like to know?**

Improving lives

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MEDICINES OPTIMISATION: the safe and effective use of medicines to enable the best possible outcomes

- Medicines reconciliation
- Communication of medicines information
- Learning from errors
- Involving/empowering patients
- Medication review
- **Clinical decision support**
- **Multidisciplinary working**

Medicines optimisation: the safe and effective use of medicines to enable the best possible outcomes

NICE guideline

Published: 4 March 2015

[nice.org.uk/guidance/ng5](https://www.nice.org.uk/guidance/ng5)

Do you.....

- have questions about the pharmacological management of specific psychiatric conditions?
- worry about prescribing for patients with chronic physical health problems as well as mental health issues – where there may be drug-disease or drug-drug interactions?
- feel confident when prescribing psychotropic medicines for pregnant women?
- wonder why recommended monitoring is recommended?
- have questions about a specific medicine or side effect?
- have a real life tricky case that it might help to discuss?
- worry about what to do with an acutely suicidal patient?

The floor is yours – we will do our best to help



Medicines Information Line

Need help or advice with prescribing for mental health problems?

Call **01322 625002**

(Monday to Friday 9am to 5pm)

or email: **medicinesinfo@oxleas.nhs.uk**

**MEDICINES ADHERENCE:
how can we help in Bromley?**

MEDICINES ADHERENCE: involving patients in decisions about prescribed medicines and supporting adherence

- Non-adherence is common – discuss when you review medicines
- Patient involvement in decisions
- Providing information to allow informed choice to be made
- **Offer repeat information and review, especially when treating long term conditions with multiple medicines**
- **There is no simple solution – tailor to patient's needs**

NICE National Institute for
Health and Care Excellence



Medicines adherence: involving patients
in decisions about prescribed medicines
and supporting adherence

Clinical guideline

Published: 28 January 2009

[nice.org.uk/guidance/cg76](https://www.nice.org.uk/guidance/cg76)

MEDICINES OPTIMISATION SERVICE

Level A—support with **practical issues**

Service **available to all GPs in Bromley**

- difficulty remembering to take medicines
- difficulty opening containers/opening blisters/reading print
- difficulty using medicines (inhalers etc)

Level B—support with **clinical** as well as practical issues

Pilot service that will be evaluated—**open to a small number of GPs in Bromley**—details to be advised

- Poor outcomes due (at least partially) to intentional non-adherence - perceived lack of efficacy, side effects, illness beliefs, complexity of medication regimen etc

subject to contract



Thank you

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