

**OUR ADVOCATES WORK AS
IMHA ADVOCATES FOR
BROMLEY ADVOCACY
PROJECT.**

We can act as an independent voice for people who have been detained under the Mental Health Act 1983

Confidentiality

We will not discuss with anyone what we or you have said without your permission.

We will only seek information with your permission and any information found will be shared with you in full.

We will only breach confidentiality if you express an intent to cause harm to yourself or others. In this situation We **will** notify a member of staff but will continue to support you if you wish.

How to contact us

You can telephone us yourself or ask a member of staff to contact us

Telephone us on
020—8313—0139
or

If we are not there you can leave a message

Our office is based at

61 College Road
Bromley
Kent BR1 3QG

Email: bap@bromleyadvocacyproject.org.uk

Website: www.bromleyadvocacyproject.org.uk

Registered Charity No 1052509



**BROMLEY ADVOCACY
PROJECT**

61 COLLEGE ROAD, BROMLEY, KENT, BR1 3QG

**INDEPENDENT
MENTAL HEALTH
ADVOCACY
(IMHA)**

Have you been detained on a section of the Mental Health Act 1983?

Do You Know Your Rights?

Are you on a Community Treatment order?

If so we can help you

**AN INDEPENDENT VOICE FOR
PEOPLE WITH MENTAL HEALTH
DIFFICULTIES**

Is this you?

There may be times when you would like someone independent to talk to or to support you in asking questions about your care and treatment. An Advocate could help by:

- Helping you to find information around a specific issue
- Talking to you privately about your concerns
- Offering you moral support—perhaps by attending a meeting with you
- Supporting you to put forward your views to someone if you are finding it difficult to do this or feel that you are not being listened to
- Speaking on your behalf to the people involved in your care to put forward your views

An Advocate:

- **will not** make judgements about you or your situation.
- **cannot** make decisions for you and will not tell you what you should or shouldn't do

But.....

- **will** listen to you and offer moral support
- **will** offer you support and information to enable you to make your own choices and decisions
- **will** help you to say what you want to say about your care.

We can support you on a short term basis to help with specific issues. Once the support has been given around the issue we would not be involved any further.

Notes

We will keep a basic record of the support given to you. These notes are kept in a locked cabinet in the office and only the advocate and the Advocacy Manager have access to them.