

Leg Excellence Group in Greenwich (LEGG)

For people who would like a social environment for care, advice, support and education about their legs. For more information contact the Single Point of Access Team on 020 8836 8622.

Your opinion matters

Oxleas NHS Foundation Trust is committed to providing the highest standards of care, so we welcome your views on the services we provide. If you would like to comment, make a suggestion or make a complaint, please speak to the person you normally see or ask to speak to the team manager. You may also like to speak to our Patient Advice and Liaison Service (PALS) by ringing freephone 0800 917 7159.

Confidentiality

All our staff are required to abide by a strict code of conduct on confidentiality. We will only share information with those who need to know in order to provide good quality care. Occasionally there may be exceptions to this, for example to support a clinical audit or to monitor the quality of care provided. We will usually discuss this with you beforehand.

Clinics

Fairfield Health Centre

43 Fairfield Grove
Charlton
London SE7 8TE

Garland Road Health Centre

2 Garland Road
Plumstead
London SE18 2AE

Manor Brook Medical Centre

117 Brook Lane
London SE3 OEN

Market Street Health Centre

16-20 Market Street
Woolwich
London SW18 6QR

Millenium Village Health Centre

School Bank Road
London SE10 0QN

How to contact us

You can contact the Integrated Complex Wound Care Team via our Single Point of Access (SPA) Team on 020 8836 8622, Monday to Friday 8.30am - 5pm.

The Integrated Complex Wound Care Team



Information
for patients

June 2012

Introduction

The Integrated Complex Wound Care Team (ICWCT) is a team of nurses and podiatrists who are experts in the assessment, management and prevention of complex wounds. If your wound fails to heal or is due to a complex problem you will be referred to one of our services in the ICWCT.

The team includes:

Wound Care Podiatry

An experienced podiatrist specially trained to manage the high-risk foot within hospital and community setting. Provides expert advice and management of complex foot wounds.

Tissue Viability Service

A team of three specialist nurses who are experts in maintaining skin integrity and promotion of healing in complex wounds within clinic and home settings.

Lower Limb Service

A team of two specialist nurses who are experts in managing cellulitis, tissue viability and skin care of the lower limb. They run the Leg Excellence Group in Greenwich which encourages self-care and prevention of further problems for those with lower limb problems.

When you are referred to a member of the ICWCT you can expect:

- A holistic assessment including your past medical history and medication
- Assessment of the wound and skin around the wound
- An assessment of the circulation in your feet and legs using a hand-held Doppler (a small device for listening to pulses in the arm and foot) if appropriate
- A care plan which will be agreed with you and the healthcare professional who will be providing your on-going care
- Advice about how to prevent deterioration of your wound or how to prevent recurrence of a wound
- All treatment options will be discussed with and explained to you so that you can choose the most appropriate treatment for you
- Staff will explain what you can expect from the treatment advised
- You will be offered a follow up appointment to evaluate your progress
- Your GP will be informed of the assessment and treatment outcomes.

If you have any questions write them down so that you don't forget.

How can I access the ICWCT?

You will need to be referred by a healthcare professional or you can refer yourself by calling the number on the back of this leaflet. You will be offered an appointment at one of the following clinics.

Lower Limb Clinics

For people with cellulitis or complications of cellulitis of the lower limb with leg ulcers, chronic swollen legs, lymphoedema or dermatitis.

Garland Road Health Centre
Monday 9am to 5pm

Manor Brook Medical Centre
Friday 8am to 5pm

Integrated Wound Care Clinics

For people with complex wounds who require assessment by podiatry and wound care specialist nurse.

Fairfield Health Centre
Tuesday 1pm to 5pm

Manor Brook Medical Centre
Wednesday 1.30pm to 5pm

Millenium Health Centre
Thursday 1.30pm to 5pm

Market Street Health Centre
Friday 1.30pm to 5pm