As a local provider of both community health and mental health services, we are pleased to offer GP practices in Bexley, Bromley and Greenwich the opportunity to book free seminars. These one hour sessions have been developed in response to GP feedback and can be held in your practice at a time convenient to you.

A focus on older people’s mental health
a series of five in-practice seminars available to book, to support GPs’ continuing professional development.

Seminar 1: Dementia
Overview: Identification, referral and what our teams and services do. How does the memory service work.

Seminar 2: Managing distress and challenging behaviour in dementia
Overview: How do we diagnose the causes of challenging behaviour in people with dementia and what are the best treatments. When should we and when should we not use anti-psychotics.

Seminar 3: Palliative care of advanced dementia
Overview: Managing and supporting people with advanced dementia and developing a more palliative approach to people with advanced dementia.

Seminar 4: Mental capacity, choice and imposing care
Overview: Mental Capacity Act, consent to treatment, imposing treatment and the challenges GPs face. Flu jabs, covert medication, how to manage long capacity assessments in care homes.

Seminar 5: Depression and psychosis in older people
Overview: Identification of symptoms of depression and anxiety in older people and how this may impact on long term conditions. The management of depression and anxiety in primary care.

These seminars have been developed by clinicians from our Older People’s Mental Health Service to help you manage patients with mental health problems within your practice. We will also provide advice on the support available to you, your patient and their carers from Oxleas’ services and more widely.

Dr Abimbola Fadipe, Clinical Director and Consultant in Old Age Psychiatry
How to book a seminar(s)

Step 1
Please complete this request form, indicating which seminar(s) you would like to book.

You can either return the request form by:
• post to Nikki Johal, Engagement Support Officer, Oxleas NHS Foundation Trust, Pinewood House, Pinewood Place, Dartford DA2 7WG
• email to nikki.johal@nhs.net
• book online www.surveymonkey.co.uk/r/OPMH2016
• fax to 01322 555491

You can also call Nikki on 0203 871 5630 to request a seminar.

Step 2
We will then send you a booking form confirming the date of your seminar(s).

Step 3
Please check, complete detail as necessary and return to Nikki Johal.

Step 4
Your seminar will be delivered and certificates provided.

Step 5
We will ask for your feedback to help us improve future seminars.

2016/17 In-practice seminar programme - OPMH seminar request form.

You can also book online at www.surveymonkey.co.uk/r/OPMH2016

Practice name: ________________________________

Key contact: ________________________________

Telephone number: ________________________________

Email: ________________________________

☐ Seminar 1: Dementia
☐ Seminar 2: Managing distress and challenging behaviour in dementia
☐ Seminar 3: Palliative care of advanced dementia
☐ Seminar 4: Mental capacity, choice and imposing care
☐ Seminar 5: Depression and psychosis in older people

Preferred date(s) and time(s)*:
1st choice: ________________ (date) ________________ (time)
2nd choice: ________________ (date) ________________ (time)
3rd choice: ________________ (date) ________________ (time)

* please offer dates at least six weeks in advance to enable clinicians to change clinical commitments where necessary.

Please indicate what seminar format your practice would prefer?

☐ Powerpoint presentation
☐ Handouts only
☐ Group discussion/case discussion
☐ Other (please specify)

If you would like a Powerpoint presentation, please indicate if any of the following equipment is available:

☐ Laptop
☐ Projector

Any specific issues/topics you would like covered:
__________________________________________________________________________
__________________________________________________________________________

Where will the seminar take place? ___________________________________________________________________
__________________________________________________________________________

Are there parking facilities at the venue? ________________________________