

# INTERESTING MINDS

Peer Support Group for Young People who  
Hear Voices or See Visions

I used to think that I was the only person this is happening to. I thought I was freakish or wrong. The group helped me realise that there are others out there with similar experiences. I'm not alone.



**MONDAYS**  
**4.30 - 5.45 PM**

The Tramshed,  
Woolwich New Road, SE18

## WHAT IS 'INTERESTING MINDS'?

- ★ A **safe and confidential** space to meet other young people with similar experiences
- ★ **Relaxed** and flexible
- ★ Open to **different ideas** about voices and visions
- ★ **Open** to positive experiences, as well as distressing and difficult ones
- ★ We know that there is more to you than your voices or visions. In the group, you can talk about **whatever's important** to you.

## WHO IS IT FOR?

- ★ Young people in **Greenwich**, aged **12-18**
- ★ With personal experience of hearing **voices**, seeing **visions** or having other unusual sensory experiences

Interesting Minds is a partnership between  
**Voice Collective** and **Greenwich CAMHS**



**TO JOIN, OR  
TO FIND OUT MORE:**

Gemma or Slobodanka  
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[www.voicecollective.co.uk](http://www.voicecollective.co.uk)

[interesting-minds.tumblr.com](http://interesting-minds.tumblr.com)



**SAVE THE DATE: GROUP LAUNCH**

**Monday 14th May 2012, 4.30 - 5.45 pm**