



Diabetes

6.30pm

Wednesday 9 January 2013

According to the Government, if everyone got the right care, it is estimated 24,000 lives could be saved each year. 24,000 people die prematurely every year because their diabetes has not been managed effectively, and many more develop avoidable complications such as blindness and kidney disease.

The NHS spends at least £3.9 billion a year on diabetes services and around 80% of that goes on treating avoidable complications. The number of people with diabetes is set to rise from 3.1 million to 3.8 million between now and 2020 and unless care improves significantly the NHS will face ever-increasing costs.

This **free** evening masterclass is open to all GPs and practice staff in Bexley, Greenwich and Bromley. The aims of the masterclass are to:

- provide a clinical update on diabetes;
- give an overview of the interface between diabetes and psychological health;
- understand the cause and treatment of depression in diabetes;
- educate GPs to effectively diagnose and manage their diabetic patients within the primary care environment;
- present findings from a pilot model for integrating diabetes and psychological health;
- provide information on community diabetes services.

Our speakers are:

Clinical update on Diabetes: Dr Jennifer Tremble, Consultant, Diabetic Medicine, Queen Elizabeth Hospital.

Diabetes and Psychiatry: Khalida Ismail, Professor of Psychiatry and Medicine, Institute of Psychiatry, King's College London and Diabetes Centre, King's College Hospital

You can also meet representatives from Oxleas and Bromley Healthcare's diabetes teams during the registration and refreshment period.

Each presentation will include opportunities to ask questions and to discuss issues experienced in your practice. Attendance certificates will be given.

The event will take place at The Glennie Room, Royal Blackheath Golf Club, Court Road, Eltham, London SE9 5AF. Refreshments will be available from 6.30pm and the presentations will begin at 7.30pm. You will also be able to meet colleagues providing local diabetes care during the refreshment period.

To book a **free place**, please call us on 01322 625034 or email: rhiannon.adams@oxleas.nhs.uk

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