



## Ageing Issues and Memory Clinic Greenwich Specialist Learning Disability Services

This leaflet is for older people with learning disabilities. It is also an information leaflet for family carers, residential and nursing staff who support individuals with learning disabilities to attend an Ageing Issues and Memory Clinic.

# Ageing Issues and Memory Clinic

## Who is the clinic for?

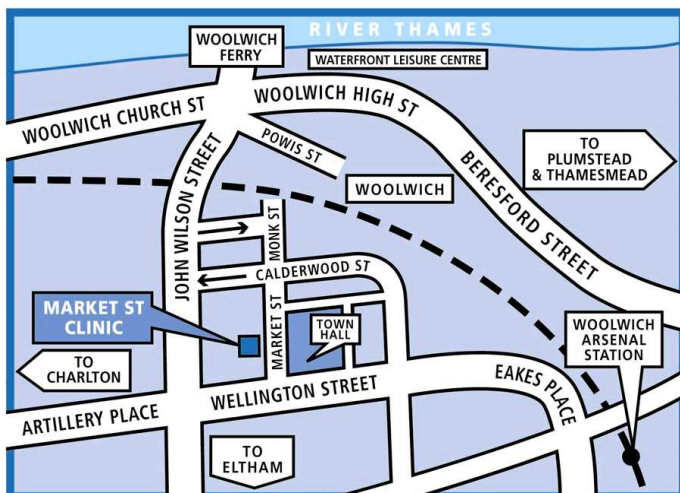
The clinic assesses people with learning disabilities who are:



- getting older
- having difficulty remembering
- having difficulties with day to day activities.

This includes individuals with Downs syndrome who are more likely to experience this type of difficulty.

## Where is the clinic held?



The clinic is held at:  
Market Street Health  
Centre  
16-20 Market Street  
Woolwich, SE18 6QR

The clinic is held once  
a month.

# Ageing Issues and Memory Clinic

## What happens in the clinic?

You will be seen by members of the team. We will:



- Talk to you.



- Give you a physical health check.



- If needed we will ask for tests to be carried out after the clinic.

## What happens next?



At the end of the clinic:

- You will be told about the help that is available to meet your individual needs.
- You will be asked to tell us about the clinic.



# Ageing Issues and Memory Clinic

## Who is in the team?



Dr Trevor Chan  
Consultant Psychiatrist  
(Learning Disabilities)



Sue Charman  
Challenging Behaviour Specialist



Jeff Miles  
Community Nurse



Lesley Whittaker  
Occupational Therapist



Kate Grant  
Speech and Language Therapist



Emma O'Regan  
Team Leader - TOPS Day Centre

# Ageing Issues and Memory Clinic

## What happens before the appointment?



You will receive an appointment letter.



You will be asked to fill in a questionnaire about yourself.



You can ask a relative, carer or friend to help you fill in the questionnaire.



You or your carer need to bring the questionnaire with you to the clinic.



You should come to the clinic with someone who has known you for at least 6 months.



# Ageing Issues and Memory Clinic

## What you should bring to the clinic?



Spectacles (reading glasses)



Hearing aid



A list of your current medicines



Information about your health  
For example: your Black book  
(PHP)

# Ageing Issues and Memory Clinic

If you have any questions.



If you have any questions about the clinic please telephone  
020 8921 4860  
Someone will help you.



You could ask someone you know well, to help you.



Reviewed by the Can You Understand It? team  
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