



Ageing Issues and Memory Clinic Greenwich Specialist Learning Disability Services

This leaflet is for older people with learning disabilities. It is also an information leaflet for family carers, residential and nursing staff who support individuals with learning disabilities to attend an Ageing Issues and Memory Clinic.

Ageing Issues and Memory Clinic

Who is the clinic for?

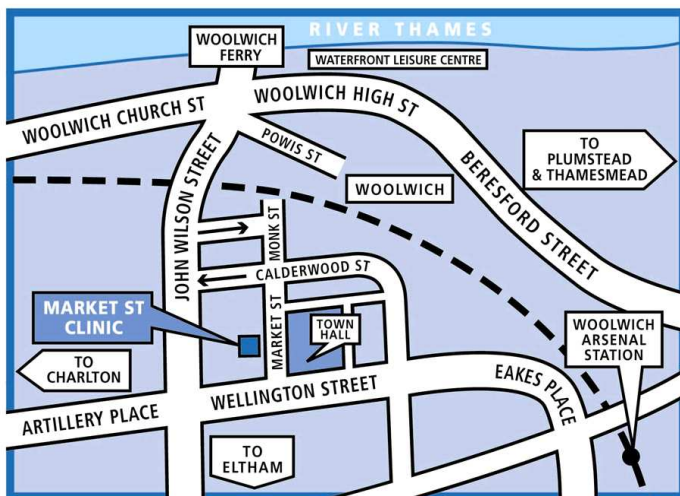
The clinic assesses people with learning disabilities who are:



- getting older
- having difficulty remembering
- having difficulties with day to day activities.

This includes individuals with Downs syndrome who are more likely to experience this type of difficulty.

Where is the clinic held?



The clinic is held at:
Market Street Health
Centre
16-20 Market Street
Woolwich, SE18 6QR

The clinic is held once
a month.

Ageing Issues and Memory Clinic

What happens in the clinic?

You will be seen by members of the team. We will:



- Talk to you.



- Give you a physical health check.



- If needed we will ask for tests to be carried out after the clinic.

What happens next?



At the end of the clinic:

- You will be told about the help that is available to meet your individual needs.
- You will be asked to tell us about the clinic.



Ageing Issues and Memory Clinic

Who is in the team?



Dr Trevor Chan
Consultant Psychiatrist
(Learning Disabilities)



Sue Charman
Challenging Behaviour Specialist



Jeff Miles
Community Nurse



Lesley Whittaker
Occupational Therapist



Kate Grant
Speech and Language Therapist



Emma O'Regan
Team Leader - TOPS Day Centre

Ageing Issues and Memory Clinic

What happens before the appointment?



You will receive an appointment letter.



You will be asked to fill in a questionnaire about yourself.



You can ask a relative, carer or friend to help you fill in the questionnaire.



You or your carer need to bring the questionnaire with you to the clinic.



You should come to the clinic with someone who has known you for at least 6 months.

Ageing Issues and Memory Clinic

What you should bring to the clinic?



Spectacles (reading glasses)



Hearing aid



A list of your current medicines



Information about your health
For example: your Black book
(PHP)

Ageing Issues and Memory Clinic

If you have any questions.



If you have any questions about the clinic please telephone
020 8921 4860
Someone will help you.



You could ask someone you know well, to help you.



Reviewed by the Can You Understand It? team
July 2014
Updated March 2016