



## Greenwich Learning Disability Specialist Memory Clinic

This leaflet is for older people with learning disabilities. It is also an information leaflet for family carers, residential and nursing staff who support individuals with learning disabilities to attend the Memory Clinic.

# Specialist Memory Clinic

## Who is the clinic for?

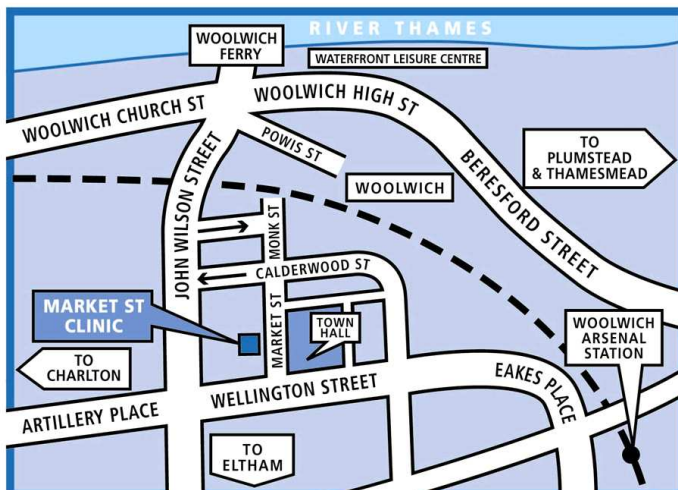
The clinic assesses people with learning disabilities who are:



- getting older
- having difficulty remembering
- having difficulties with day to day activities.

This includes individuals with Downs syndrome who are more likely to experience this type of difficulty.

## Where is the clinic held?



The clinic is held at:  
**Market Street Health Centre**  
**16-20 Market Street**  
**Woolwich, SE18 6QR**  
Telephone:  
**020 8301 8920**

The clinic is held once a month.

# Specialist Memory Clinic

## What happens in the clinic?

You will be seen by members of the team. We will:



- talk to you.



- check your health like your blood pressure.



- If needed we will ask for tests to be carried out after the clinic.

## What happens next?



At the end of the clinic you will be:

- told what help you will get from the team.



- asked to tell us about the clinic.

# Specialist Memory Clinic

## Who is in the team?



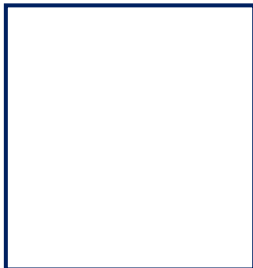
Dr Trevor Chan  
Consultant Psychiatrist  
(Learning Disabilities)



Sue Charman  
Challenging Behaviour Specialist



Jeff Miles  
Community Nurse



Occupational Therapist



Kate Grant  
Speech and Language Therapist



Kaye Jones  
ALD Day Services Manager

# Specialist Memory Clinic

## What happens before the appointment?



You will receive an appointment letter.



You will be asked to fill in a questionnaire about yourself.



You can ask a relative, carer or friend to fill in the questionnaire.



You or your carer need to bring the questionnaire with you to the clinic.



You should come to the clinic with someone who has known you for at least 6 months.

# Specialist Memory Clinic

## What you should bring to the clinic?



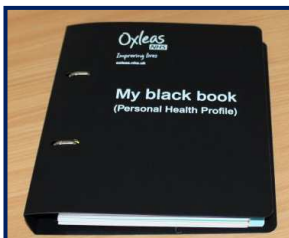
Spectacles (reading glasses)



Hearing aid



A list of your current medicines



Information about your health  
For example: your black book (PHP)

# Specialist Memory Clinic

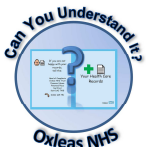
## If you have any questions



If you have any questions about the clinic please telephone  
**020 8921 4860**  
Someone will help you.



You could ask someone you know well, to help you.



Reviewed by the Can You Understand It? team

**Updated November 2018**