

## Memory Clinic MDT members

### Administrator

The administrator supports the Memory Service teams, and is the first point of contact for service users, families and carers, etc. on the telephone and when service users are attending clinics. The administrator opens referrals to the service, ensuring that all information on RiO is up to date. They set up first appointments, diagnostic appointments and follow ups, providing administrative support to the clinician after these appointments have been carried out.

### Nurse

Nurses screen all incoming referrals. They carry out initial assessments of people whose memory problems are under investigation, monitoring and reviewing their progress on cholinesterase inhibitors both in clinic and in people's homes if necessary. They provide information and support to people with dementia and their carers and are involved in running the therapeutic groups offered by the Memory Service. The teams also include a nurse specialist who is an independent nurse prescriber.

### Occupational therapist

Occupational therapists work in the Memory Service in all three boroughs. They support the assessment process, can be involved in completing generic initial assessments, and provide specialist interventions to promote the safety and independence of our service users. This may involve providing equipment and adaptations to the property, as well as the use of assistive technology, such as Telecare. This technology can help to promote independence, reduce hospital admissions and help carers feel more supported within their role. Occupational therapists will consider activities and occupation for the service user and help them access their local community, maintaining roles for as long as possible. Occupational therapists provide input to the group therapy programme within the Memory Service.

### Psychiatrist

Psychiatrists provide advice on differential diagnosis, exclude other comorbid physical or mental factors that could be contributing or causing the problem and advise on the treatment of these conditions. They will also request further physical investigations and interpret the results. The psychiatrist has an important role in communicating the diagnosis in the diagnostic clinic, advising and prescribing appropriate medical treatments for the condition and dealing with any adverse effects. The psychiatrist has an important role in supporting the multidisciplinary team, providing advice and training and liaising with other medical specialities as appropriate.

### Psychologist

Each borough Memory Service has input from a clinical psychologist providing a neuropsychological assessment as well as therapeutic input for clients and carers. Neuropsychological assessment supports the diagnosis of dementia and helps clients and carers understand their strengths and weaknesses. Therapeutic input can help those who are finding it particularly difficult to adjust to the diagnosis of dementia either individually, as a couple, or in families. The psychologists support the team by coordinating the group therapy programme and team training to ensure the continued development of a quality service.

## MDT contact details

Bexley (Upton): 020 8301 7900

Bromley (Bridgeways): 020 8462 0170

Greenwich (Memorial): 020 8836 8519/21