Reshaping Bexley’s mental health services for older adults

This leaflet shows the new structure of Bexley’s mental health services that will come into effect from 4 May 2010.

It contains information about new teams covering all the GP surgeries within the whole of the Borough of Bexley and provides useful contact numbers.
Older Adults Intake Team

This team will provide a single point of access to the older adults’ service. They will ensure that new referrals are promptly assessed and you are appropriately placed for treatment eg remain in the Intake Team or move to the Community Mental Health Team, Memory Service, Day Hospital or Inpatient care.

If it is decided that you do not need our services, the Intake Team will refer you back to your GP and advise them on how they can help you.

Based at Upton Centre, 14 Upton Road Bexleyheath Kent DA6 8LQ Tel: 020 8301 7900

Team Manager: Kate Matson Consultant Psychiatrist: Dr Israel Adebekun

Older Adults Community Mental Health Team

This team will provide services to you where continued support from the team will enable you to achieve your personal goals. Your care plan will be reviewed regularly to ensure that you are able to continue to live as independently as possible.

Based at Upton Centre 14 Upton Road Bexleyheath Kent DA6 8LQ Tel: 020 8301 7900

Team Manager: Kevin Clinch Consultant Psychiatrist: Dr Ana Saiz

Older Adult Inpatient Wards

The older adult wards at the Woodlands Unit will have their own dedicated consultant psychiatrist who will be responsible for the care and treatment of all service users admitted to the wards. This would mean that a service user may see a different consultant psychiatrist to the one seen in the community.

Based at Woodlands Queen Mary’s Hospital Frognal Avenue Sidcup Kent DA14 6LT Tel: 020 8308 3122 for Leyton Ward Tel: 020 8308 3106 for Camden Ward

Modern Matron: Lawrence Yong Consultant Psychiatrist: Dr Owen Box

Teams not listed will remain the same.