

WHAT HELPS YOU TO STAY HEALTHY?

We want to make sure that people in south east London get the support and care they need and want. Join us at our workshops to work together to define what matters most in maintaining your health and wellbeing.

Join us in a participatory workshop so that we can design better health and care services together
Choose the workshop relevant to your Borough.



Participatory workshop for Lambeth and Southwark

When? Wednesday, 3rd December, 16:00 - 19:00

Where? Cambridge House SE5 0HF

Eventbrite <http://goo.gl/O89NZV>

What will we be doing?

We will involve professionals and members of the community in generating insights and ideas about improving planned, urgent and emergency care and how to support residents to access care in the community.



Participatory workshop for Bromley

When? Tuesday, 9th December, 16:00 - 19:00

Where? Bromley Central Library BR1 1EX

Eventbrite <http://goo.gl/T6lmjQ>

The workshop will inform the Our healthier South East London strategy - helping commissioners and providers to organise services around the needs of residents and communities.



Participatory workshop for Greenwich, Lewisham and Bexley

When? Friday, 12th December, 15:45- 18:30

Where? Command Building at Greenwich West SE10 8JA

Eventbrite <http://goo.gl/Ph4gqB>

Who is it for?

If you are providing or receiving care and support in south east London and want to have your say about the future of these services, we want to hear from you.

You may be a carer, a patient, a resident or a provider of health and care services. All we ask is that you bring your curiosity and experience.



To find out more or get involved contact Tom Beresford by landline - 020 7250 8097 or mobile - 07763 785977. Alternatively email tom.beresford@innovationunit.org



What's this about?

This engagement is part of a project which aims to understand people's real experience of health and wellbeing to help influence future health and care services in south east London.

Who's running it?

The workshop will be run by Innovation Unit on behalf of the Our Healthier South East London programme. The programme is a partnership of Bexley, Bromley, Greenwich, Lambeth, Lewisham and Southwark Clinical Commissioning Groups and NHS England (To find out more, visit www.ourhealthiersel.nhs.uk).

The Innovation Unit is a not for-profit organisation, which works with councils and communities across the UK to design better public services.

I can't attend the workshop about my Borough, how can I get involved?

If you can't make the relevant workshop for your Borough, you can come along to one of the other two events we are running across south east London.

There will also be other opportunities to get involved and find out more about the work of Our healthier south east London in our Borough in the New Year.



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