

Same sex accommodation

(Including annual declaration of compliance)

March 2021

Oxleas NHS Foundation Trust provides same sex accommodation on in-patient wards because this helps to safeguard people's privacy and dignity. Oxleas remains compliant with the standards set out below.

Same sex accommodation means that patient's bedrooms, toilets and bathrooms will only be used by patients of the same gender, and that patients will not have to walk through an area occupied by patients of the opposite sex to reach toilets or bathrooms (this excludes corridors).

In mental health in-patient wards, same sex accommodation ensures provision of women-only day rooms will be provided on wards that have both male and female patients.

Patient's bedrooms

- Will be in corridors assigned for patients of the same sex.
- Male and female doctors, nurses and staff will enter patient's bedroom from time to time, however will always knock first.

Patient's toilets and bathrooms

- Patients will either have a room with en-suite facilities or the shared toilet and bathroom will be just for patients of the same sex.
- Shared toilets and bathrooms will be close to patient's bedrooms and will be clearly signed.
- If patient's need help to use the toilet or bath (e.g. a hoist or special bath) then patient's may need to use a unisex bathroom that is equipped for this purpose. Staff will assist patients if required.

Male and female corridors

- Each ward has a male and female corridor where same sex bedrooms, toilets and bathrooms are located.
- Patients may on rare occasions be admitted into single, en suite bedrooms in areas occupied by the opposite sex when no bedroom is immediately available in the appropriate area. This will only be done following discussion with the patient and with safeguards in place, including 1:1 nursing care whilst a more appropriate bed is found.

Day and communal areas

- On mixed sex wards, day and communal areas are used by male and female patients. This can include spaces such as activity rooms, day rooms and dining rooms, and allows people of both sexes space to socialise and take part in therapeutic activities together. These are areas that are always supervised by staff.
- Visitors will include men and women, irrespective of whether the ward is a single sex or mixed sex ward.

Patient's primary nurse

If patients would prefer their primary nurse to be a particular gender, patients are encouraged to tell the ward staff and this will be arranged.

Assistance with bathing or dressing

Female patients who need assistance with bathing or dressing will always have the option of being assisted by a female member of staff.

Meeting the needs of transgender patients

Transgender is a broad, inclusive term referring to anyone whose personal experience of gender extends beyond the typical experiences of their assigned sex at birth.

Non-binary individuals, who do not identify as being male or female, will be asked about their preferences, and allocated to the male, female or mixed sex ward according to their choice

What are our plans for the future?

Although our wards all meet Department of Health Standards, we have made a number of improvements in recent years including making all rooms in mental health wards, single rooms and increasing the number of patients' bathroom and toilet facilities, providing them closer to bedroom areas.

Please see the end of this report for a table that gives more information about each ward.

How do we measure success?

We report our compliance in relation to same sex accommodation on a quarterly basis to through our trust wide Patient Safety Group.

What do I do if I am concerned about mixed sex accommodation?

If patients have concerns about privacy and dignity on the ward they are admitted to, they are encouraged to discuss this as soon as possible with the Ward Manager and/or Modern Matron. If patients concerns are not resolved in a timely way, patients are encouraged to contact the Patient Advice and Liaison Service (PALS) on 0800 917 7159 or oxl-tr.pals@nhs.net

.March 2021 – Oxleas Wards information

Woodlands Unit and Queen Mary’s Hospital, Bexley

Ward Name	Number of beds (Male-Female-Unisex)	Number of rooms that share bathroom facilities	Number of rooms that have single en-suite facilities
Millbrook Ward Acute Mental Health	20 beds 8 male 9 female, 3 unisex	18	2
Lesney Ward Acute Mental Health	20 beds 8 male 9 female, 3 unisex	18	2
Holbrook Ward Dementia Care	22 beds 12 male 8 female 2 unisex:	6	16
Meadowview Intermediate Care	35 beds capacity 30 beds in use Patients will be admitted to a bay with patients of the same gender.	25 (5 bays, each with 5 beds).	10

Bracton Centre, Dartford

Ward Name	Number of beds (Male-Female-Unisex)	Number of rooms that share bathroom facilities	Number of rooms that have single en-suite facilities
Burgess Ward Medium secure forensic ward	17 beds; all male	17	0
Crofton Medium secure forensic ward	17 beds; all male	17	0
Danson Medium secure forensic ward	17 beds; all male	17	0
Heath Clinic Medium secure forensic ward	16 beds; all female	16	0
Joydens ward	13 beds; all female	13	0

Low secure forensic ward			
Birchwood Pre-discharge forensic	9 beds; all male	0	9

Oxleas House, Greenwich

Ward Name	Number of beds (Male-Female-Unisex)	Number of rooms that share bathroom facilities	Number of rooms that have single en-suite facilities
The Tarn Psychiatric Intensive Care	16 beds; all male	16	0
Avery Ward Acute Mental Health	20 beds; all female	20	0
Shrewsbury Ward Acute Mental Health	20 beds; all male	20	0
Maryon Ward Acute Mental Health CLOSED	20 beds; all male	20	0
Shepherdleas Ward Older Adult Ward	19 beds; 11 female and 8 male	1	18

Green Parks House, Bromley

Ward Name	Number of beds (Male-Female-Unisex)	Number of rooms that share bathroom facilities	Number of rooms that have single en-suite facilities
Scadbury Ward Older Adult Mental Health	22 beds 9 Male 11 female 2 unisex	11 (4 male and 7 female)	11
Goddington Ward Acute Mental Health	16 beds 7 Male. 9 female	11	5
Betts Ward Acute Mental Health CLOSED for refurbishment	18 beds 7 male 7 female 4 unisex	3	15
Norman Ward Acute Mental Health	17 beds 9 Female 8 male .	9	8

Goldie Leigh site, Bexley

Ward Name	Number of beds (Male-Female-Unisex)	Number of rooms that share bathroom	Number of rooms that have single en-suite
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		facilities	facilities
Atlas House Specialist Learning Disabilities Ward	12 beds divided into 4 flats. 3 flats single ensuite bedrooms. 1 flat has 2 ensuite bedrooms Male and female patients accommodated in single sex flats.	0	12
Barefoot Lodge Mental Health in-patient rehabilitation unit	15 beds; 9 females 6 males	0	15

Memorial Hospital, Greenwich, plus Eltham Community Beds

Ward Name	Number of beds (Male-Female-Unisex)	Number of rooms that share bathroom facilities	Number of rooms that have single en-suite facilities
Greenwood Ward Low Secure Forensic Ward	16 beds; all male	1	15
Hazelwood Ward Low Secure Forensic Ward	15 beds; all male	0	15
Oaktree Lodge	17 beds	2 shared bathrooms in the unit. 1 male and 1 female	9 with ensuite 8 with single toilet
Eltham Community Beds Intermediate Care ward	30 beds serving male and female patients.	12 Two female Four 4 bedded bays with two shared bathrooms each. One 4 bedded male bay with one shared bathroom.	18