

# Conditions that can be managed in Oxleas Community Gynaecology Service

The Oxleas Community Gynaecology is equipped with diagnostics, including ultrasound provision for ultrasound directed procedures.

We can see all patients with gynaecological conditions which do not require surgical management including:

- Heavy menstrual bleeding - assessment and treatment
- Irregular menstrual bleeding - oligo-amenorrhoea
- Polycystic ovarian syndrome
- Menstrual exacerbation of conditions
- Menopause management (including HRT implants)
- Post-coital and intermenstrual bleeding (Unless a 2 week wait assessment is required)
- Infertility assessment
- Assessment of pelvic pain
- Assessment and management of vulval skin conditions
- Cervical polypectomy and local anaesthetic excision of small vulvovaginal lesions
- Prolapse assessment and ring pessary insertion
- Dyspareunia (with access to psychosexual therapy if required)
- Removal of IUDs with missing threads
- Adolescent gynaecology

## Who will your patients see?

The clinics are run by Dr Jane Dickson MFSRH, DRCOG and Dr Kate McCarthy MRCOG, DFRH . They are supported by female nursing staff and healthcare support workers. Both doctors hold the letters of competence in intrauterine techniques and are skilled in gynaecological minor surgical procedures.

### Jane

Jane has been accredited as a Consultant in Sexual and Reproductive Healthcare having undertaken additional gynaecological training including minimal access procedures such as hysteroscopy and endometrial ablation. She holds the Certificate of Ultrasound, the Advanced Certificate of Menopause Care and is a member of the British Society of Paediatric and Adolescent Gynaecology.



### Kate

Kate is a gynaecologist who works between Oxleas and Lewisham Hospital. She trained in Obstetrics and Gynaecology to Senior Registrar level in SE Thames. She is qualified in Ultrasound scanning and is skilled at local anaesthetic surgery and hysteroscopy. She is an accredited colposcopist and is a member of the British Society of Colposcopy and Cervical Pathology and the British Menopause Society.

